SAMPLE REPORT. Made-up person, not real patient data. For trying FollowThrough Health only.

Sample Clinical Laboratory

Collected: 10/01/2026 Reported: 10/02/2026

Sample lab report for the FollowThrough Health demo. Made-up patient: Maria, 54.

LIPID PANEL

Total cholesterol 226 mg/dL (ref <200) H
LDL cholesterol 148 mg/dL (ref <100) H
HDL cholesterol 44 mg/dL (ref >39)
Triglycerides 168 mg/dL (ref <150) H

BLOOD SUGAR

Hemoglobin A1C 5.8 % (ref 4.0-5.6) H
Glucose, fasting 104 mg/dL (ref 70-99) H

KIDNEY, LIVER AND THYROID

Creatinine 0.9 mg/dL (ref 0.6-1.1)
eGFR 78 mL/min/1.73m2 (ref >59)
ALT 22 U/L (ref 7-35)
TSH 2.1 mIU/L (ref 0.4-4.0)

BLOOD COUNT

Hemoglobin 12.9 g/dL (ref 12.0-15.5)
White blood cell count 6.2 x10^3/uL (ref 4.0-11.0)
Platelets 245 x10^3/uL (ref 150-400)

VITAMINS

Vitamin D, 25-Hydroxy 21 ng/mL (ref 30-100) L
Blood pressure at home often around 138/86.
No chest pain, no shortness of breath, no fainting.